

Smoking  
Cessation is Part  
of Recovery

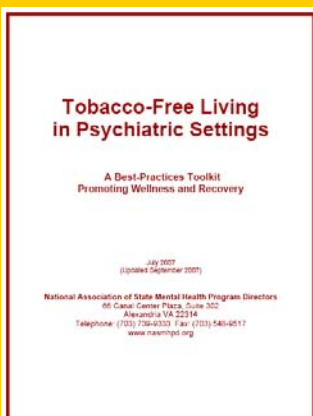
## National Mental Health Partnership For Wellness & Smoking Cessation

December 5, 2007

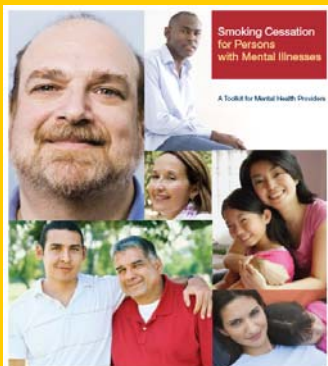
### Dear Members of the National Mental Health Partnership for Wellness and Smoking Cessation,

In response to our realization of the need for more frequent communications among us on events, activities and accomplishments relevant to goals of The Partnership, we are writing to inform you of a new communiqué that the Smoking Cessation Leadership Center will be offering to all of you. There has been much progress since our inaugural meeting in Lansdowne and we would like to share and celebrate all the successes, provide you with access to emerging resources, and keep one another up-to-date on future activities and opportunities.

#### PARTNER HIGHLIGHTS:



**Tobacco-Free Facilities  
Toolkit**



**Mental Health Provider  
Toolkit**

**“interest in smoking  
cessation among mental  
health advocates,  
consumers and providers  
is increasing”**

For starters, NASMHPD has created and released a [tobacco free facilities toolkit](#), Colorado State has created a [mental health provider toolkit](#), and DBSA is conducting a survey, via its [website](#), to gather information on consumers’ preferences for an integrated smoking cessation recovery program and are working with the SCLC to create a certified peer specialist training on tobacco cessation.

And that is just the beginning. SCLC has created a [mental health resource page](#), a work group has been created to collect data to help the partnership measure its progress, UMDNJ-Robert Wood Johnson Medical School is offering a [2 day training session](#) for psychiatrists and psychiatric nurses on tobacco dependence in the mental health setting, *and* a press-release (please see attached) was recently submitted to Mental Health Weekly, which has led to an article to be published next week. All these efforts are drawing much needed attention to the cause.

Until recently, there has been little interest paid to helping consumers quit smoking. It is thanks to you that interest in smoking cessation among mental health advocates, consumers and providers is increasing. Evidence of this new enthusiasm was abundant at the recent 2007 National Conference on Tobacco or Health, held in October in Minneapolis. Several sessions were held on this topic, including one sub-pleinary (the first ever dedicated to mental health and tobacco), and each was among the best attended of the entire meeting. We are extremely excited by the Partnership and its successes so far.

### What can we do to continue to move forward with smoking cessation in mental health?

We invite and encourage you to **send us your updates**. Newsletter articles, provider trainings, presentations and more are all welcome. We will collect all the information, send out regular updates to all members and continue to update and post information on our website. We promise to make each communiqué brief and informative.

Additionally, we encourage each of you to **post a link of your organizations website** to either the [SCLC home page](#), or the [mental health resource page](#). Please send your updates to [Catherine Saucedo](#).

