

*I didn't recover from
alcoholism and drugs
to die from emphysema.*

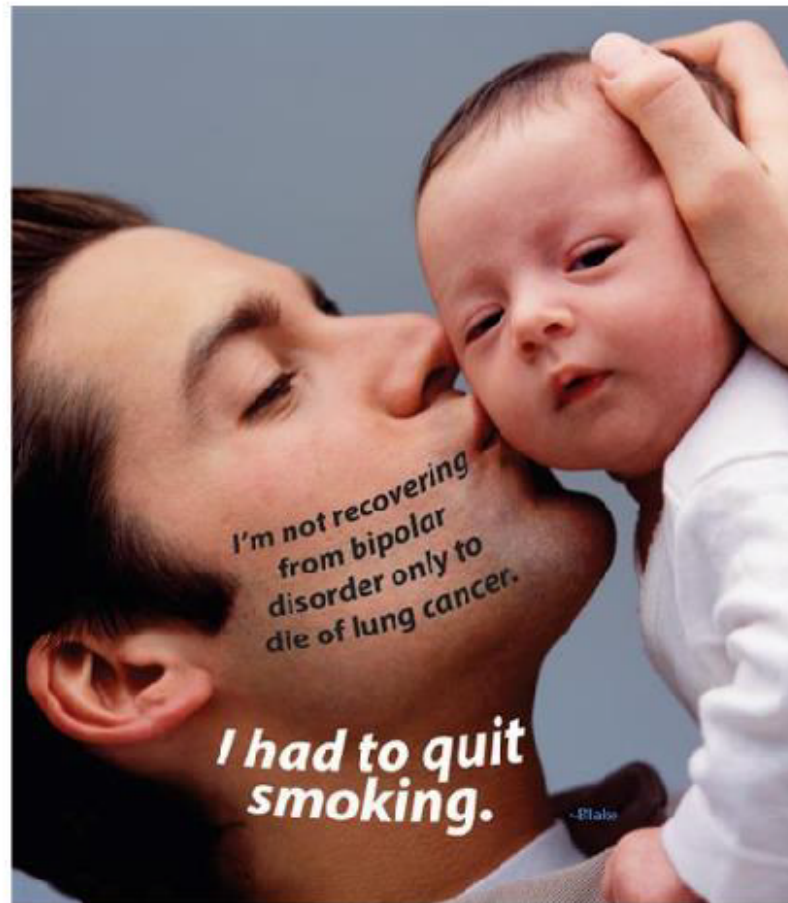
I had to stop smoking.

Mac

People with a mental illness or a substance abuse disorder
smoke half the cigarettes in America.

Most want to quit. Many have quit. We can help.

Call the Maryland Tobacco Quitline at 1-800-QUIT-NOW
It's free. It's confidential. It works.



*I'm not recovering
from bipolar
disorder only to
die of lung cancer.*

***I had to quit
smoking.***

-Blaise

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THE QUESTION ISN'T
HOW WILL I EVER
QUIT SMOKING;
IT'S WHO IS GOING
TO HELP ME.

Tobacco causes more
deaths than drugs,
alcoholism, and depression
combined. And quitting
smoking improves alcohol
or other drug recovery.
Don't wait to quit smoking.
We're here to help.



Call the Maryland Tobacco Quitline at 1-800-784-8669



It's FREE. It's confidential. It works.
SmokingStopsHere.com

