

## Education Level

**Smoking Prevalence:** 2013 smoking prevalence was higher for those with a GED (41.4%) or high school diploma (22.0%) compared with those with an undergraduate degree (9.1%) or graduate degree (5.6%).<sup>1</sup>

- Smoking among non-college bound high school seniors is more than twice that of college-bound high school seniors (25.3% vs. 10.8%, respectively).<sup>8</sup>
- A study of cigarette smoking prevalence in U.S. counties found that, while the U.S. as a whole has made significant progress in reducing smoking from 1996-2012, rates vary dramatically between counties with different income levels, even within the same state. Counties with higher average incomes experienced more rapid declines than counties with lower average incomes.<sup>9</sup>

### Cessation:

- According to data from 2012, quit attempts increase as education level rises,<sup>4</sup> with only 39% of adult smokers with less than 12 years of education making a quit attempt versus 49.0% of those with a college degree.
- According to data from 2010, successful quitting also increases as education level rises.<sup>4</sup> 11.4% of adult smokers with an undergraduate degree have quit successfully compared with only 3.2% of those with less than 12 years of education.<sup>3</sup>

**Health Effects:** A 14-year follow-up study found that lower education was associated with greater ischemic stroke incidence, a condition exacerbated by smoking.<sup>10</sup>

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CA Behavioral Health & Wellness Initiative

Smoke-free Public Housing: Helping Smokers Quit

National Behavioral Health Network

The National Partnership on Behavioral Health and Tobacco Use

UC Quits

Pfizer IGLC

SAMHSA

Behavioral Health

Curricula & Online Training  
Fact Sheets & Reports  
Presentations  
Publications  
Toolkits

### Vulnerable Populations

Education Level  
Homeless  
Low Socioeconomic Status  
LGBT  
Race/Ethnicity

### Resources

Campaigns & Initiatives  
Curricula & Online Training  
Fact Sheets & Reports  
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Publications  
Presentations  
Toolkits  
1-800-QUIT-NOW cards  
Asian Smokers' Quitline  
Videos

### Webinars

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### Ways to Quit

Medications  
Online Resources  
Social Support  
Treatment Options  
Quitline

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