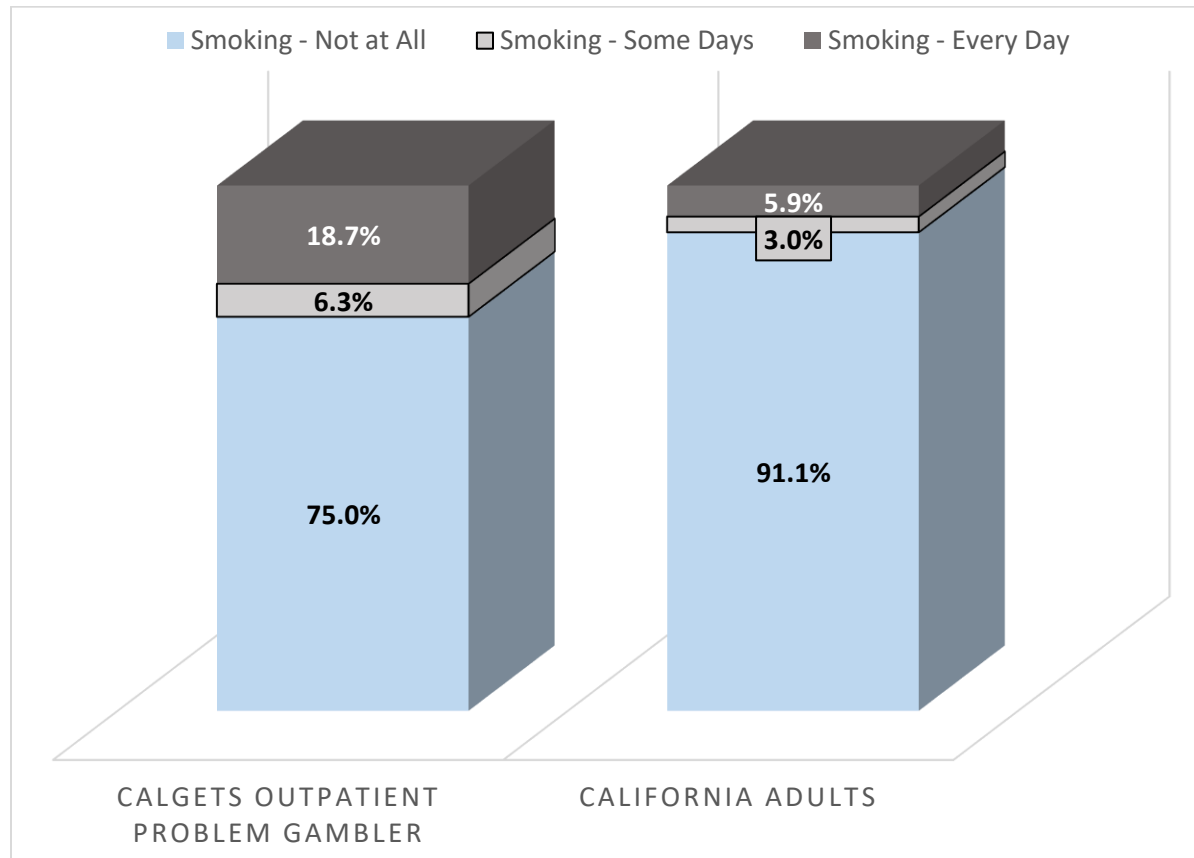


CalGETS Fast Facts

High Levels of Smoking among CalGETS Gamblers Seeking Treatment

March 2022



Sources – *Outpatient Gamblers*: CalGETS Fiscal Years 2020-21 dataset, prepared for the California Department of Public Health, Office of Problem Gambling by the University of California Los Angeles Gambling Studies Program, N=412. *California Adults*: Centers for Disease Control, Behavioral Risk Factor Surveillance System (BRFSS) 2020 Web Enabled Analysis Tool, N=4,480.
<https://nccd.cdc.gov/weat/#/crossTabulation/viewReport>

From July 1, 2020 to June 30, 2021 over 400 problem gamblers entered CalGETS outpatient treatment. Upon entry, they completed a smoking questionnaire.

At intake, approximately 6% of problem gamblers reported smoking at least some days in the past month. Almost 19% reported daily smoking.

Overall, 25% of CalGETS problem gamblers reported smoking at least some days. This is nearly 3 times greater than the percentage of California adults who report smoking in 2020 according to the Centers for Disease Control.

Most smokers are using cigarettes – only 2.7% of CalGETS problem gamblers reported using e-cigarettes 20 days or more in the past month.