

UCSF Smoking Cessation Leadership Center



CABHWI Communiqué | December 2021

Feature

Four Years, Countless Journeys: SCLC's Jessica Safier Talks About Managing CABHWI

The [California Behavioral Health and Wellness Initiative](#) (CABHWI, “cabby”) began in 2018 to support residential substance use disorder treatment facilities in going tobacco-free and integrating cessation services into their workflow. The California Tobacco Control Program (CTCP) granted selected applicants financial support and SCLC agreed to provide customized technical assistance to each organization. Managing the initiative from the SCLC side, **Jessica Safier** has met with representatives from each agency, from the initial grantees in Cohort 1 to the last in this period’s final Cohort 4. Each of the four cohorts had specialized trainings and coaching throughout the duration of their 18 month project including quarterly learning sessions where participants had the chance to learn from current and previous cohort members and special wellness education and activities. Jessica will be away on maternity leave from early February 2022, so we wanted to get her perspective on the CABHWI endeavor to share with you while she’s still around! [Read the feature interview](#)

Announcements



CA Dept. of Health: 30 years of Tobacco Control Efforts

The California Department of Health has released a video chronicling 30 years of Tobacco Control efforts. Watch it [here](#)



Governor Newsom Signs AB-541

This bill requires a licensed facility or a certified program to assess a patient or client for use of all tobacco products at the time of the initial intake and take certain actions if the patient or client has tobacco use disorder. [Read more](#)

The Latest on Tobacco Control, Behavioral Health, and Collaboration Efforts

[July 2021 Communique](#)

[April 2021 Communique](#)

[October 2020 Communique](#)

[March 2020 Communique](#)

[Spotlight Archive](#)

Read what others have done successfully on their journeys to become tobacco-free.

[Spotlight on California Human Development Corporation](#)

[Spotlight on Progress House](#)

[Spotlight on Alcohol Centers for Women \(ACW\)](#)

New Success Stories Featured on Our Site

Looking for ideas and inspiration in your facility's journey to becoming tobacco-free? We've posted new articles from California Human Development Corporation and Progress House that spotlight specific successes these organizations experienced while working toward creating a tobacco-free environment for clients and staff. [Check them out - along with others from previous years- in the Spotlight Archive!](#)



"I COVID Quit" Still Relevant, Campaign Materials Still Available...and FREE!

All digital images from the I COVID Quit campaign are still available for FREE on the campaign page of our website here: icovidquit.org. With the Omicron variant, people gathering for the winter holidays, more travel and colder weather, respiratory viruses, like COVID-19, can transmit more easily. Continuing to encourage people to protect their lungs is never a bad idea!

'Tis the Season! Give Yourself the Gift of FREE CME/CEUs with Our Newest Bundle: Collection D!

SCLC is pleased to announce a new webinar bundle. "Collection D" includes seven (7) webinars from 2021 for a total of **7.25 FREE CE credits**. Topics include COVID-19 and the effects of tobacco use, I COVID Quit - personal stories, IQOS, digital cessation, recovery-oriented tobacco interventions in addiction services, tobacco cessation with adult inpatient psychiatric clients, and e-cigarettes and smoking cessation.



Please use the discount code **CADPH23** to waive the \$65 fee.

[Click here for more information and to register for the SCLC Recorded Webinar](#)

Collections.

Physicians, Pharmacists, Nurse Practitioners, Psychologists, LMFTs, LCSWs, Addiction Counselors and more! See below for a full list of eligible providers, accreditation, and disclosure details.

Questions? Contact Jennifer Matekuare, SCLC Operations Manager, at jennifer.matekuare@ucsf.edu or call toll-free (877) 509-3786.

Webinar Collection Info & Registration

California Smokers' Helpline Has Become Kick It California

Kick It California has taken the place of California Smokers' Helpline 1-800 NoButts. The rebrand launched in September. Kick It California has a new logo, a new website, new phone numbers, and new social media accounts, replacing California Smokers' Helpline. [Take a look!](#)

Resources

- **Did you know that, as part of promoting overall wellness, CABHWI also addresses problem gambling and nutrition within the behavioral health system? Find info from CABHWI Partners at:**
 - [Office of Problem Gambling](#)
 - [Nutrition Education Obesity Prevention Branch](#)
- **Stay Informed on Tobacco Control News from Around the U.S.**
 - [Navajo Nation Bans Indoor Smoking Including Casinos](#)
 - [Wisconsin Requires Behavioral Health Providers to Have Tobacco-Free Plan by 2022](#)
- [CABHWI Toolkit: Tobacco-free Toolkit for Behavioral Health Agency](#)

For additional resources, visit <https://CABHWI.ucsf.edu>

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