

SCLC CABHWI Communiqué: The Latest on Tobacco Control, Behavioral Health, and Collaboration Efforts

UCSF Smoking Cessation Leadership Center



CABHWI Communiqué | June 2022

Feature

Did you miss our Behavioral Health & Tobacco Use Statewide Training?

You can catch up on the breakout session presentations and peruse the resources provided by Nutrition Obesity and Prevention Branch (NEOPB) on our [CABHWI website](#). The training was attended by more than 100 providers from all over California.



[Breakout session A: Pharmacotherapy for tobacco cessation with Frank Vitale, National Director, Pharmacy Partnership for Tobacco Cessation; Clinical Assistant Professor, Purdue College of Pharmacy](#)

[Breakout session B: Motivational Interviewing 101 with Jason Satterfield, PhD, Academy Endowed Chair for Innovation in Teaching, Professor of Clinical Medicine, University of California San Francisco](#)

Access the NEOPB library, resources and trainings by visiting the [CABHWI site](#) and scrolling to open "Links" in the last section on the page.

Announcements

CA Toolkit Updated, Available and FREE!



We've updated our CABHWI Tobacco-Free Toolkit! Want guidance on how to achieve wellness by taking your facility tobacco-free in California? It's all in the toolkit. Ten steps complete with examples, publications you can reference and helpful resources you can access for technical assistance both online as well as in person. Find it on the [CABHWI site](#)

Resources for AB 541

How much do you know about AB 541? Assembly Bill 541 went into effect January 1, 2022. Its purpose is to require routine assessment of tobacco use disorder in all SUD recovery or treatment facilities. Some of the requirements of a licensed and/or certified SUD recovery or treatment facility include:

- conduct an assessment of tobacco use at the time of the resident or client's initial intake that shall include questions recommended in the most recent version of the Diagnostic and Statistical Manual of Mental Disorders (DSM) under Tobacco Use Disorder, or similar evidence-based guidance, for determining that an individual has a tobacco use disorder
- provide information to the patient or client on how continued use of tobacco products could affect their long-term success in recovery from (SUD).
- recommend treatment for tobacco use disorder in the treatment plan
- offer either treatment, subject to the limitation of the license or certification issued by the department, or a referral for treatment for tobacco use disorder

You don't have to do it alone! [SCLC](#) is here to provide technical assistance and a wealth of resources to help.



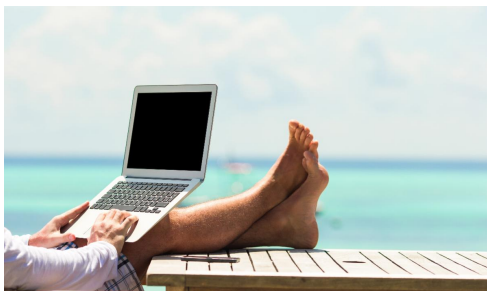
Quit The Hit: UCSF Is Recruiting Teens For A Youth Vaping Cessation Study

The University of California, San Francisco (UCSF) and Hopelab recently launched a study on youth vaping cessation. The purpose of this study, led by Dr. Pamela Ling, is to see if support on social media can help teens quit vaping. The study will compare an Instagram vaping cessation intervention to "standard care," where participants can sign up for any cessation services provided by Kick It California.

Teens (age 13-17) who qualify by taking a screening questionnaire online will be randomized to either the intervention group or standard care group. The intervention group will receive online support privately from a cessation counselor and peers as well as reminders and surveys along the way to help keep their motivation high. The standard care group will be referred to www.kickitca.org for vaping cessation services by Kick It California. Surveys will be administered to all study participants at baseline, 5 weeks, 4 months, and 7 months from date of enrollment. All participants will be compensated up to \$90 for participating in the study and completing the surveys along the way.

The research team is currently recruiting teens (age 13-17) in California who want to quit vaping and who use social media. For more information about the study, including eligibility screening visit <https://www.QuitTheHitCA.com>. If you have any additional questions, please contact [Sarah Rosen](#), 415-502-0758 or QuitTheHit@ucsf.edu. [Download the flyer](#)

Webinars



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Resources

- Read [an article on California's Tobacco-Free for Recovery Project](#) (otherwise known as [CABHWI](#)) from April's *Journal of Substance Abuse Treatment*
 - Read the latest news in tobacco control on the [SCLC homepage under Latest Headlines](#)
 - Check out new [Quit Vids](#) on the Kick It CA website
 - [I COVID Quit](#) Still Relevant, Campaign Materials Still Available...and Still FREE!
 - [CABHWI Toolkit: Tobacco-free Toolkit for Behavioral Health Agency](#)
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For additional resources, visit <https://CABHWI.ucsf.edu>

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