

# starting a conversation about treating tobacco use



ASK do you currently use tobacco?

**YES**

1. **ADVISE** to quit
2. **ASSESS** are you willing to quit now?

**NO**

ASK have you ever used tobacco?

**NO**

**ASSIST** intervene to increase motivation to quit

**NO**

**ASSESS** have you recently quit? any challenges?

**YES**

**YES**

**ASSIST** provide appropriate tobacco dependence treatment

**NO**

**ASSIST** encourage continued abstinence

**YES**

**ASSIST** provide relapse prevention

**ARRANGE** I can have the Quitline contact you. Is that okay?

1-800-QUIT-NOW or [https://www.quitnowkentucky.org/providers\\_partners/](https://www.quitnowkentucky.org/providers_partners/)

**QuitNow Kentucky**  
1-800-QuitNow 1-855-Déletoira  
[www.QuitNowKentucky.org](http://www.QuitNowKentucky.org)