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Smoking Cessation  
Leadership Center



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University of California  
San Francisco

# *Nicotine Cessation Across Disciplines, A Team Approach, co-hosted by AARC*

Gabrielle N. Davis MPH, RRT-ACCS, NPS, CTTS, CHES, COPD

September 25, 2019

# Moderator

**Brian Clark**

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# Disclosures

This UCSF CME activity was planned and developed to uphold academic standards to ensure balance, independence, objectivity, and scientific rigor; adhere to requirements to protect health information under the Health Insurance Portability and Accountability Act of 1996 (HIPAA); and include a mechanism to inform learners when unapproved or unlabeled uses of therapeutic products or agents are discussed or referenced.

The following faculty speakers, moderators, and planning committee members have disclosed they have no financial interest/arrangement or affiliation with any commercial companies who have provided products or services relating to their presentation(s) or commercial support for this continuing medical education activity:

**Christine Cheng, Brian Clark, Gabrielle N. Davis MPH, RRT-ACCS, NPS, CTTS, CHES, COPD, Jennifer Lucero, MA, MS, Jennifer Matekuare, Ma Krisanta Pamatmat, MPH, Jessica Safier, MA, Catherine Saucedo, Steven A. Schroeder, MD, and Shawna Strickland, PhD**

Thank you to our co-sponsors

American Association for Respiratory Care



# Thank you to our funders



Robert Wood Johnson Foundation



# ***SAMHSA***

Substance Abuse and Mental Health  
Services Administration

# Housekeeping

- All participants will be in **listen only mode**.
- Please **make sure your speakers are on** and adjust the volume accordingly.
- If you do not have speakers, please request the dial-in via the chat box.
- **This webinar is being recorded** and will be available on SCLC's website, along with the slides.
- **Use the chat box to send questions** at any time for the presenters.

# CME/CEU Statement

## Accreditation:

The University of California, San Francisco (UCSF) School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of *1.0 AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the webinar activity.

**Advance Practice Registered Nurses and Registered Nurses:** For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit™* issued by organizations accredited by the ACCME.

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Course meets the qualifications for 1.0 hour of continuing education credit for **LMFTs, LCSWs, LPCCs, and/or LEPs** as required by the California Board of Behavioral Sciences.

**Respiratory Therapists:** This program has been approved for a maximum of 1.0 contact hour Continuing Respiratory Care Education (CRCE) credit by the American Association for Respiratory Care, 9425 N. MacArthur Blvd. Suite 100 Irving TX 75063, Course # 181746000.

# American Association for Respiratory Care (AARC)



- Free Continuing Respiratory Care Education credits (CRCEs) are available to Respiratory Therapists who attend this live webinar
- Instructions on how to claim credit will be included in our post-webinar email



# New Behavioral Health Accreditation

California Association of Marriage and Family Therapists (CAMFT)

This webinar is accredited through the CAMFT for up to **1.0 CEU** for the following eligible California providers:

- Licensed Marriage and Family Therapists (LMFTs)
- Licensed Clinical Social Workers (LCSWs)
- Licensed Professional Clinical Counselors (LPCCs)
- Licensed Educational Psychologists (LEPs)

Instructions to claim credit for these CEU opportunities will be included in the post-webinar email and posted to our website.

# California Behavioral Health & Wellness Initiative

For our CA residents, we are starting a new venture in CA helping behavioral health organizations go tobacco free and integrating cessation services into existing services thanks to the support of the CTCP.

Free CME/CEUs will be available for all eligible California providers, who joined this live activity. You will receive a separate post-webinar email with instructions to claim credit.

Visit [CABHWI.ucsf.edu](https://CABHWI.ucsf.edu) for more information.

# Tips® Campaign Overview

**A TIP ABOUT SECONDHAND SMOKE**

**LET FUTURE GENERATIONS KNOW THE DANGERS OF SECONDHAND SMOKE.**

Nathan, Age 54  
Ogala Sioux  
Idaho

Secondhand smoke at work triggered Nathan's severe asthma attacks and caused infections and lung damage. If you or someone you know wants free help to quit smoking, call 1-800-QUIT-NOW.

#CDCTips

**A TIP FROM A FORMER SMOKER**

It's easier to move forward when you're not short of breath.

Rebecca, age 57, Florida

Et qui vobis, nesci ritarum ne fuge ar!

Vid quae molare non parat, vobis, actio,

sic consuetudo evadit a boratibus quanto.

Enant, et ad vobis disarumpeo maun faga sam.

Paibam atq; sular; vento quocidam nitroci.

You can quit.

**CALL 1-800-QUIT-NOW.**

#CDCTips

**A TIP FROM A FORMER SMOKER**

**BE CAREFUL NOT TO CUT YOUR STOMA.**

Shawn, Age 50, Diagnosed at 46  
Washington State

Smoking causes immediate damage to your body. For Shawn, it caused throat cancer. You can quit. For free help, call 1-800-QUIT-NOW.

1. CDC. Current Cigarette Smoking Among Adults—United States, 2005–2014.. MMWR 2015;64(44):1233–40
2. The Health Consequences of Smoking—50 Years of Progress: A Report of the Surgeon General. Atlanta: HHS,CDC, NCCDPHP, OSH, 2014

## Free 1-800 QUIT NOW cards

Take Control  
**1-800-QUIT-NOW**  
Call. It's free. It works.  
1-800-784-8669  
For details on your state services, go to: <http://map.naquitline.org>



- ✓ Refer your clients to cessation services

# Presenter

**Gabrielle N. Davis MPH, RRT-ACCS,  
NPS, CTTS, CHES, COPD**

Educator & Inpatient Nicotine  
Cessation Program Coordinator

St. Luke's Health System



# Q&A

- Submit questions via the **chat box**



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# Post Webinar Information

- You will receive the webinar recording, presentation slides, information on certificates of attendance, and other resources, in our follow-up email. All of this information will be posted to our website.
- Instructions will be emailed after the webinar.

# SCLC Recorded Webinar Promotion

SCLC is offering FREE CME/CEUs for our 2017 recorded webinar collection for a total of 13.5 units.

A new collection of accredited recorded webinars from 2018 will be available soon!

Visit SCLC's website at:

<https://smokingcessationleadership.ucsf.edu/webinar-promotion>  
for more information.

# Save the Date



SCLC's next live webinar:

- **October 8, 2019 at 3pm EDT**
- In collaboration with the National Behavioral Health Network for Tobacco & Cancer Control
- Details and registration coming soon!

# Contact us for technical assistance

- Visit us online at [smokingcessationleadership.ucsf.edu](https://smokingcessationleadership.ucsf.edu)
- Call us toll-free at **877-509-3786**
- Please complete the post-webinar survey

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