

# NRI's Staff Needs and Organizational Barriers to Providing Active Treatment and Referral for Tobacco Use Cessation Survey

#### NOTES:

**Tobacco use** is defined as using a legalized form of tobacco in any form (e.g. cigarette, cigar, chewing, or pipe) regardless of the age of the client.

Questions with a red asterisk \* must be answered to proceed with the survey.

You will be able to **SAVE** your answers and return to continue/finish the survey at a later time.

### I. Demographics

**!!!This section collects information about the person completing this survey. It is collected in case we need to go back to you for additional clarification of the responses.** 

Name of person completing the survey: Your title: Your email: Facility name: \* City where facility is located: State where facility is located: \*

### What age group does the facility serve? Check all that apply. \*

<=12 years 13-17 years 18-64 years 65+

### What level of care service is provided at the facility level? Check all that apply. \*

Long Term Care Acute Care Forensic care Other type of care:

### What other type of care services is provided at the facility level?

#### II. Tobacco use policy status

#### What is the facility's <u>CURRENT</u> tobacco use policy?\*

The facility allows the use of tobacco indoors or outdoors. The facility allows tobacco use outdoors but not indoors. Tobacco use is not allowed in the facility indoors or outdoors. Other tobacco use policy:

#### What other tobacco use policy is implemented at the facility level?

#### Is vaping included in the facility tobacco use policy?

Yes No

#### Does the tobacco use policy apply to staff? \*

Yes No

## Are there tobacco use exemptions within the policy?

Yes No

#### Please describe the tobacco use exemption(s).

#### III. Tobacco use assessment protocol

# Which staff is primarily responsible for conducting the tobacco use screening? Check all that apply. $\ensuremath{^*}$

Peer provider Nurses (RN or LPN) Prescribers (Psychiatrist/PA/NP/MD) Licensed mental health provider/ social worker/Psychologist (MS level or above) Addiction specialist Smoking/ tobacco specialist Other: \_\_\_\_\_\_

#### What other staff is responsible for conducting the tobacco use screening?

Once screened, which staff is primarily responsible for providing the "practical counseling" for tobacco use? "Practical counseling" is defined as face-to-face interaction with the patient to address all of the following: recognizing danger situations, developing coping skills, and providing basic information about quitting. Check all that apply. \* Peer provider Nurses (RN or LPN) Prescribers (Psychiatrist/PA/NP/MD) Licensed mental health provider/ social worker/Psychologist (MS level or above) Addiction specialist Smoking/ tobacco specialist Other: \_\_\_\_\_

# What other staff is responsible for providing the "practical counseling" for tobacco use?

# What best describes the average length of time between the tobacco screening and delivery of the first "Practical Counseling" intervention?

Immediately after screening Within first 3 days of admission During first week of admission Longer than first week Unable to determine

### Are all patients admitted to the facility asked about their tobacco use? \*

Yes, always. Yes, sometimes. No, never.

Is a standardized tool utilized to assess for tobacco use? Yes/ no

### What standardized tool is utilized to assess for tobacco use?

#### Where in the medical record is tobacco use recorded? \*

Intake form Psychiatric evaluation History and Physical Problem assessment Other

#### In what other part of the medical record is tobacco use recorded?

What tool is used to diagnose tobacco use disorder?

#### IV. Tobacco use treatment in hospitalized smokers

#### A. Diagnostic intervention for current tobacco users

The following questions apply to current tobacco users either light or heavy smokers.

**Light tobacco use:** The person smokes  $\leq$ 4 cigarettes or <1/4 pack a day and/or uses smokeless tobacco and/or smokes cigarettes/pipes but not daily

**Heavy tobacco use:** The person smokes 5 or more cigarettes or  $\geq 1/4$  pack per day and/or cigars/pipes daily

# For current tobacco users, do you assess for previous attempts to quit that lasted at least 24 hours (excludes hospitalization, incarceration)? \*

Yes, always. Yes, sometimes. No, never.

#### For current tobacco users, do you investigate for motivation to change and selfefficacy for quitting tobacco use? \*

Yes, always. Yes, sometimes. No, never.

# What tools/approaches are used to assess for motivation to change/self-efficacy for quitting use?

### B. Therapeutic interventions for current tobacco users

# What positive reinforcements are utilized at your facility for tobacco cessation/ quit attempts? Check all that apply. \*

Verbal praise to individual Verbal praise of individual in group settings Visual success boards # days quit boards Physical motivational incentives Privilege status rewards Other

# What other positive reinforcements are used at your facility for tobacco use cessation?

What types of pharmacological treatment are offered at the facility for heavy smokers? \*

Treatment Option	Offered	Not offered
Patch (NRT)		
Lozenge or Gum (NRT)		
Inhaler or mouth spray (NRT)		
Pharmacotherapy - Chantix		
(varenicline)		
Pharmacotherapy –		
Zyban/Wellbutrin (bupropion)		
Pharmacotherapy – Other		

### Which staff roles provide tobacco interventions? Check all that apply.

Peer provider Mental health aide/tech Nurses (LPN/RN) Prescribers (Psychiatrist/PA/NP/MD) Licensed mental health provider/social worker/psychologist (MS level or above) Addiction specialist Tobacco/smoking specialist Art, Rec, OT therapist Other

### What other staff roles provide tobacco interventions?

# Which psychological treatment approaches are offered at the facility which specifically target tobacco use? Check all that apply.

Brief therapy (not including initial "practical counseling") CBT/DBT Motivational Incentives Motivational Interviewing Psychoeducation for tobacco use impact/ cessation Relapse prevention skills training Tobacco specific self-help resources (audio/video/peer groups/ apps/ books/ workbooks) Peer support counseling Stress Management Skills Training Other

# What other psychological treatment approaches are offered at the facility which specifically target tobacco use?

What resources, including self-help resources, do you provide and in what formats? \*

### V. Referrals at discharge

Upon discharge from the facility, is the patient's tobacco use status included in the transition record for patient? \* Yes No

# Upon discharge from the facility, is the patient's tobacco use status included in the transition record for the next level of care provider? \*

Yes

No

# Upon discharge from the facility, where are patients referred for tobacco cessation treatment? Check all that apply.

General mental health specialist within community mental health centers Tobacco cessation specialist within community mental health center General mental health outpatient services at hospital Quit line Primary care physician Local health center Other None I don't know

To what other places are patients referred for tobacco treatment after discharge from the facility?

**Upon discharge from the facility, are patients identified as tobacco users?\*** Yes No

How is perceived interest in continuing tobacco cessation and readiness to continue quit status determined during discharge planning with patients?

For tobacco users (light or heavy), do you recommend cessation counseling for at least 1 month after discharge? \*

Yes, always. Yes, sometimes. No, never.

At discharge, is a prescription for tobacco cessation provided for patients identified in treatment as heavy tobacco users? \* Yes

No

For how many days is the prescription for tobacco cessation provided for treatment at discharge.

At discharge, are take-home tobacco cessation medications provided for patients identified in treatment as heavy tobacco users? Yes No

For how many days are take-home tobacco cessation medications provided for treatment at discharge?

What are the staff needs to offer active treatment for tobacco cessation? Active treatment includes counseling and/or pharmacological intervention. \*

What are the staff needs to refer patients for tobacco cessation treatment after discharge? \*

What are the organizational barriers to offering active treatment for tobacco cessation? Active treatment includes counseling and pharmacological (prescription) intervention. \*

What are the organizational barriers to referring patients to tobacco cessation treatment after discharge? \*

Please contact <u>Glorimar.Ortiz@nri-inc.org</u> for questions related to the survey.



Thank you for your participation!